

SCIENCE AND SIGNIFIANCE OF UGADI

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By Raman Suprajarama

Ugadi begins on March 24, 2020 at 2.06 pm, for Ujjain. The festival can be celebrated on March 25. The name of the Samvatsara is Sharvari.

What is Science and Significance behind of Ugadi?

Ugadi is the beginning of the Vedic year. In 2020, Ugadi is celebrated on March 25. Ugadi is a combination of two words - “*yug*” which meaning union and “*aadi*” meaning foremost, first, beginning etc. It is a **supreme union** that occurs every year and Chaitra masa begins on this day. The legend goes that on this day of Ugadi, Lord Brahma initiated creation of Earth on this day. The day also marks beginning of spring season, signifying a new beginning for a fresh start.

Ugadi has much more significance and benefits for human beings, considering the planetary movements that time.

Powerful Planetary Alignment on Ugadi

The cosmic alignment on the day of Ugadi is extremely powerful. It has a special significance. 3 most important changes that happen on this day.

1. Earth doesn't really move in circular motion. It moves in elliptical motion. During the time of Ugadi, the distance between the Sun and Earth is at an average distance, which means it is neither too far nor too close. This also means that the rays of Sun fall uniformly over the surface of the Earth, which has tremendous benefits for humans.

2. Because of this unique placement of Earth and Sun, the day and night are at equal length of time, leading to a harmonious balance of energies – kinetic and potential energies – during the day.
3. The axis on which the Earth revolves around the Sun is actually tilted and not straight. Because of this, the equatorial planes of Earth and Sun are not generally in perfect alignment to each other. On the day of Ugadi, the equatorial planes of both Sun and Earth come in perfect alignment. This is a significant placement that leads to harmony in nature.

Hence the word Ugadi, meaning the foremost Union. This is the time of the year where a perfect union of day and night, kinetic and potential energies, equatorial planes and distances of the Sun and the Moon, occur.

What is the Impact and benefits of Ugadi?

Every living being on planet earth can benefit from this powerful cosmic alignment. We don't need to actually see muhurtha on this day to perform any celebration.

Benefits of this planetary alignment are many.

1. Spiritual progress
2. Physical progress
3. Mental progress
4. Materialistic progress – good time to plan and achieve material gains

What is special about the Ugadi 2020?

In 2020, Ugadi begins at around 2:06 pm on March 24, 2020. Since Ugadi begins in the afternoon, we observe the festival on the next day. To understand and analyse the Astrological significance of Ugadi, we take a time when Chaitra Shukla Pratami begins. Below is the chart casted with place as Ujjain – the place of Mahakaleswara.

Mo Su	Ve		Ra			AL	
Me	Lunar Year		As		Lunar Year		Ke
Rasi				Navamsa			
Sa Ju				Ju Ra	Me Sa		
Ke Ma	AL			Ma	Ve	Mo Su	As

As mentioned earlier, this year is named as Sharavari. Sharvari is generally considered to be an auspicious Samvatsara. Classical scriptures tell us that during this vedic year, there will be plenty of rainfall and farmers will largely benefit. The mood is also good for business and innovation.

Kataka Lagnam rises at 9 deg 35 minutes, in the nakshatram of Pushya. Pushya is an auspicious constellation, since it's lord is Saturn, and Jupiter becomes exalted here.

The lagnam is viewed by Saturn, Jupiter and Mars. Saturn as the 7th and 8th lord becomes neutral, while Jupiter as the 6th and 9th lord becomes malefic. Jupiter is also neecham, or debilitated, making him inauspicious. The conjunction of 6th, 7th, 8th and 9th house lords in the 7th house cannot be ignored. Yogakaraka Mars aspects lagnam from the 6th house indicating a very fighting and competitive spirit. The lord of the lagnam, the Moon, is in the 9th house, and influenced by malefics, the Sun and Mars.

The planetary patterns are both good and bad indications.

I foresee an atmosphere where people will be largely be fighting amongst themselves and anger will prevail. They will be misguided by people in authority - lawyers, politicians and advisors. The fight become also result in loss of life, blood bath and destruction of public property. There is a strong undercurrent that makes people to get irritated, short-tempered and grouchy. Anger will prevail for no reason.

On the other hand, this is also a great time to observe certain types of spiritual practises – specifically mouna-vrata and Kumbhaka pranayama. Mounavrata means complete cut-off from communication. Note that it is not just limited to no-speaking. You should not communicate at all and cut-off all forms of communications include hand signals, facial expressions, written messages etc. Doing this will make you meditate about yourself and your world and will transform you spiritually. This is one of the best spiritual acceleration techniques that one can follow in 2020.

I wish you all a very happy and prosperous Vedic new year - Sharvari.

Om

Asato mā sad gamaya

Tamaso mā jyotir gamaya

Mṛtyor mā amṛtaṁ gamaya

Om̐

Sānti sānti sāntiḥ